

Information for Participants re Counselling Services

Counselling can be obtained from:

- A psychologist referred by your GP
- Relationships Australia (<http://www.relationships.org.au/what-we-do/services/counselling> - this link provides information about the service as well as links to locations throughout Australia)
- Jigsaw Queensland which offers telephone support (<http://jigsawqld.server101.com/Jigsawqldmble/index.html>)
- Adoption Jigsaw offering counseling referrals in both Tasmania and WA (<http://www.jigsaw.org.au/our-services/>)
- Vanish Victoria (<http://vanish.org.au/services/counselling>)