



REGIONAL SUPPORT GROUP DATES 2019

VANISH offers support groups for people affected by adoption including mothers and fathers separated from a child, adopted persons and adoptive parents. Support groups are facilitated by qualified professionals and offer a safe and supportive environment that allow people to share with others who have had similar experiences. These are small informal meetings where you can contribute as much or as little as you feel comfortable. Many participants report feeling heard for the first time...

"I think it was one of the first times in my life that I felt no need to edit myself... I was in a room where every person was just like me, though different." (Annette)

ALBURY-WODONGA

Held at Albury City Library, 540 Kiewa Street, Albury
10.30am – 12.30pm

For **Mothers Only**: (also referred to as Natural Mothers)
April 13, July 13, October 12

For **Adult Adopted Persons Only**: (Adoptees 18 years and over)
February 9, May 11, August 10, November 9

Mixed Group: (for Adopted Persons, Natural Parents and Adoptive Parents)
March 9, June 8, September 14, December 14

BALLARAT

Held at Eastwood Leisure Complex, 20 Eastwood Street, Ballarat
2.00 – 4.00pm

For **Mothers Only**: (also referred to as Natural Mothers) – facilitated by ARMS Vic
March 16, June 15, September 21, December 21

For **Adult Adopted Persons Only**: (Adoptees 18 years and over)
February 16, May 18, August 17, November 16

Mixed Group: (for Adopted Persons, Natural Parents and Adoptive Parents)
April 27, July 20, October 19

BENDIGO

Held at 27 Myrtle Street, Bendigo

2.00 – 4.00pm

For Adult Adopted Persons Only: (Adoptees 18 years and over)
February 9, April 13, June 8, August 10, October 12, December 14

For Mothers Only: (also referred to as Natural Mothers)
March 9, May 12, July 13, September 14, November 9

MILDURA

Held at Carers Vic, 159 Langtree Avenue, Mildura

To register your interest in attending a support group in Mildura,

Please contact Gail

E: gail@vanish.org.au or

P: 03 9328 8611

FORGOTTEN AUSTRALIAN'S SOCIAL & SUPPORT GROUP

There are 12 Social and Support Groups (S&SGs) throughout Victoria.

These groups meet monthly

Check the website for support groups in your area plus other activities

Telephone: 9421 6162 or 1800 779 379 www.openplace.org.au

Office: Open Place, Suite 1, 8 Bromham Place, Richmond

For enquiries please call 1300 826 474 or (03) 9328 8611 or visit www.vanish.org.au